

## Go West Virtualgaine - Control Descriptions

HH A track junction E of carpark	50 Top of the hill, two yellow posts
20 A playground mound, smallest of six	51 A lookout at end of walkway
21 A seat by the cycle path	52 A flat boulder 4 x 2m, 5m north of a boulder cluster
22 Twenty second fence post west from SE corner of oval	53 A bend in the track in woodland
23 The bridge, middle	54 The dam, north side where creek enters
24 A seat inside a hairpin bend on a race track	55 The bushfire memorial, west end, middle pole of five around water feature
25 A light pole, SE corner of a square lawn	56 A boulder 1m, under tree
30 A playground, SE corner	60 A eucalyptus tree
31 A playground, SW corner	61 The bridge, middle
32 A path junction, south of the clearing	62 A large boulder 3m high, 15m west of the gully, flat top
33 A seat	63 A power pole
34 A playground, north corner	64 Riverview Cottage ruins – middle stone structure (fireplace)
35 A sculpture: ice cream fir cone	65 The park, between three large boulders
36 A large lawn, south corner	70 A wooden seat
40 A trig	71 A 1.5m boulder, highest in boulder cluster
41 A sculpture "A Short Walk"	72 A stile
42 A tree next to a boulder cluster	73 A playground, east end
43 A playground, under circular shelter	74 A small rocky outcrop, 30m east of SE corner of the clearing
44 The eastern path junction	80 The western dam, tree on NE side
45 A bridge on the path	81 A climbing wall, east end
46 South end of northern playground	90 A balanced boulder, 30 m south of hilltop
47 A pedestrian gate at eastern side of fence around Stromlo Cottage	91 A circular lookout with seats, 20m south of a flying fox
	100 A seat, 35m NW of a lookout
	101 A trig

### Go West Virtualgaine – important information

**Please make sure you read the separate document of course notes and instructions too.** For a successful, safe and fair event:

- Keep out of private property. In particular, the area marked in purple on the west side of the map is explicitly out of bounds. Obviously residential land is also out of bounds – do not go across people’s gardens. The cycle and running tracks at Stromlo Forest Park are also marked in purple and out of bounds. Control 54 can be approached from the east or north via gates on Uriarra Road.
- Do not try to wade across the Molonglo River. Access to controls 50, 74 and 100 is only via the bridges at 61 and south of 50.
- In the Mount Stromlo area, watch out for mountain bikes, and avoid using mountain bike tracks. Take care wherever bike tracks cross the main tracks. In particular, be very careful if using the track that goes NNE from 71 where it crosses the spur – bikes cross the track very fast and are hidden by a tunnel.
- Cows grazing on Narrabundah Hill have made the ground soft and muddy, so take care approaching controls 60 and 80. The cows are reportedly friendly though.
- Apart from your phone or watch running the MapRun app, GPS instruments, altimeters and pedometers are not allowed. You may only use the map provided and your compass.
- You must complete the course on foot. Bikes and other means of transport are not allowed.
- Cross roads with care. Use crossings, underpasses or traffic lights where possible.